

“The LORD Has Risen!”

How to Experience that Reality... Luke 24:13-35

Fettes Park Baptist Church
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Welcome

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Preoccupied With Our Problems (Luke 24:13-18)!

¹³ Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. ¹⁴ They were talking with each other about everything that had happened. ¹⁵ As they talked and discussed these things with each other, Jesus himself came up and walked along with them; ¹⁶ but they were kept from recognizing him.

¹⁷ He asked them, “What are you discussing together as you walk along?” They stood still, their faces downcast.

¹⁸ One of them, named Cleopas, asked him, “Are you only a visitor to Jerusalem and do not know that have happened there in these days?”



Automatic Negative Thoughts Drive Our Problems (Luke 24:19-24).

¹⁹ "What things?" he asked. "About Jesus of Nazareth," they replied. "He was a prophet, powerful in word and deed before God and all the people. ²⁰ The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; ²¹ but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. ²² In addition, some of our women amazed us. They went to the tomb early this morning ²³ but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. ²⁴ Then some of our companions went to the tomb and found it just as the women had said, but him they did not see."

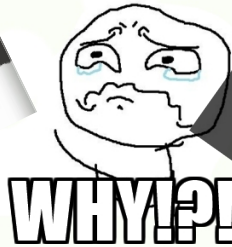
Were the disciples accurate in their story?



How do you get rid of these ANT's
Automatic Negative Thoughts?

WHY ME?

WHY GOD?



Am I Being Punished?
Questions We Ask During Times of Distress
GAIL FAMILY FOUNDATION

Do not be conformed to this world, but continuously be transformed by the renewing of your minds so that you may be able to determine what God's will is -- what is proper, pleasing, and perfect (Rom. 12:2 ISV)

1. Listen to His Word (Luke 24:25-27)

²⁵ He said to them, "How foolish you are, and how slow to believe all that the prophets have spoken!

²⁶ Did not the Messiah have to suffer these things and then enter his glory?"

Why did Jesus not reveal Himself to them?

²⁷ And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.



Lectio Divina: Letting Scriptures Read & Transform Us

Lectio Divina (spiritual reading) is a Benedictine spiritual discipline of reflecting on scripture that places us under the authority of Scriptures as obedient listeners.

❖ The four aspects of this spiritual reading include reading, meditation, prayer, and contemplation.

❖ The art of contemplation is to embody and apply what we read from God's word each day in our respective vocational calling.

❖ This practice helps us to personally listen and connect with the Risen LORD!

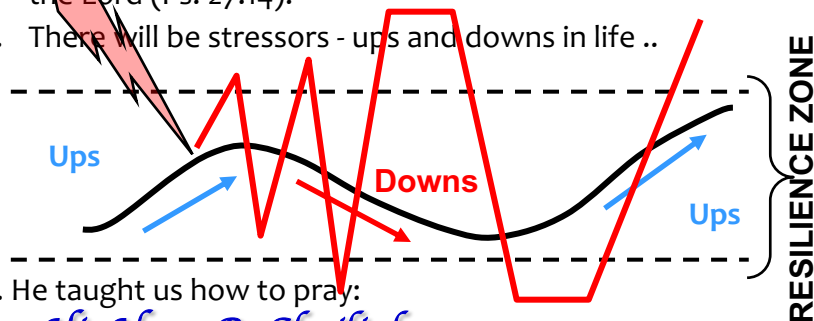


S I L E N T

What the LORD taught us...

1. Wait for the LORD; be strong and take heart and wait for the Lord (Ps. 27:14).

2. There will be stressors - ups and downs in life ..



3. He taught us how to pray:

His Name Be Glorified
His People Edified
His Kingdom Advanced

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2. Listen to the Risen LORD (Luke 24:30-31)

²⁸ As they approached the village to which they were going, Jesus continued on as if he were going farther. ²⁹ But they urged him strongly, "Stay with us, for it is nearly evening; the day is almost over." So he went in to stay with them.

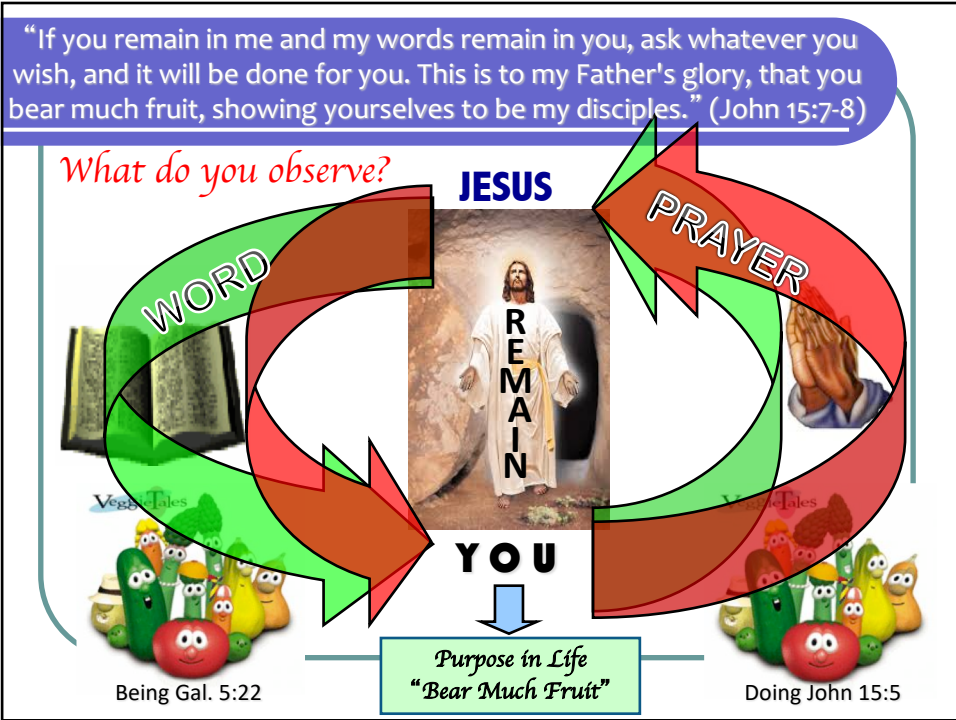
³⁰ When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them.

³¹ Then their eyes were opened and they recognized him, and he disappeared from their sight.

Then Jesus told him, "Because you have seen me, you have believed; **blessed** are those who have not seen and yet have believed" (Jn.20:29)



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3. Listen to Your Heart (Luke 24:32)

³² They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?"



Conclusion (Luke 24:33-35): The LORD has RISEN!

³³ They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together ³⁴ and saying, "*It is true! The Lord has risen and has appeared to Simon.*" ³⁵ Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

Whatever Your Problems

- ❖ Listen to His Word
- ❖ Listen to Jesus
- ❖ Listen to Your Hearts...
 - Burning Hearts

Why?

