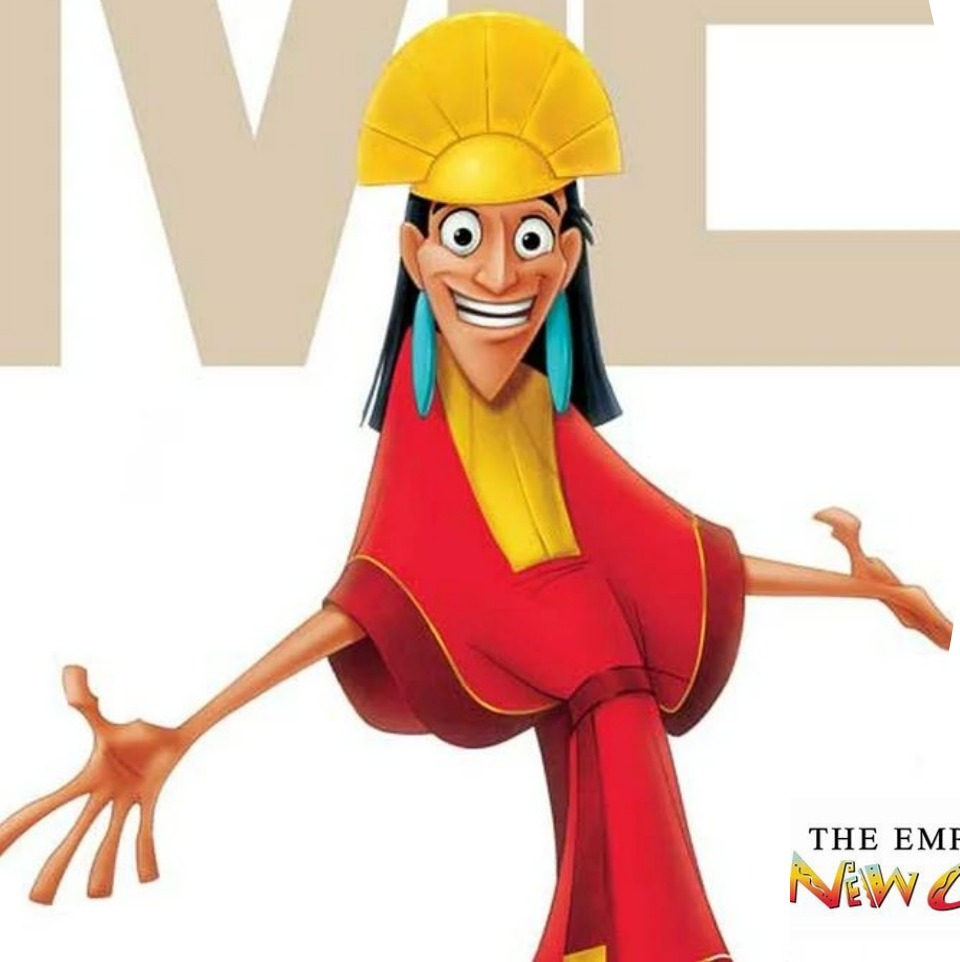


ME



# Free of Me

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Romans 7:14-25,8:1-14

THE EMPEROR'S  
**NEW GROOVE**

There is a  
"Kuzco"  
inside me



# Romans 7:14-25

**<sup>14</sup> We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. <sup>15</sup> I do not understand what I do. For what I want to do I do not do, but what I hate I do. <sup>16</sup> And if I do what I do not want to do, I agree that the law is good. <sup>17</sup> As it is, it is no longer I myself who do it, but it is sin living in me. <sup>18</sup> For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. <sup>19</sup> For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. <sup>20</sup> Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.**

## Romans 7:14-25

**<sup>21</sup> So I find this law at work: Although I want to do good, evil is right there with me. <sup>22</sup> For in my inner being I delight in God's law; <sup>23</sup> but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. <sup>24</sup> What a wretched man I am! Who will rescue me from this body that is subject to death? <sup>25</sup> Thanks be to God, who delivers me through Jesus Christ our Lord!**

# “Oh Terrible Me”

I am a slave  
to sin

Sin is living in  
me

I am  
unspiritual

**What a wretched  
man I am !!!**

Good does  
not dwell in  
me

The law is  
good but I am  
not

Sin does evil  
through me

**Who can save me?**

**Thanks be to God who delivers me through  
Jesus Christ**

Romans 7:25

## Romans 8:1-2

**8** Therefore, there is now no condemnation for those who are in Christ Jesus, <sup>2</sup> because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

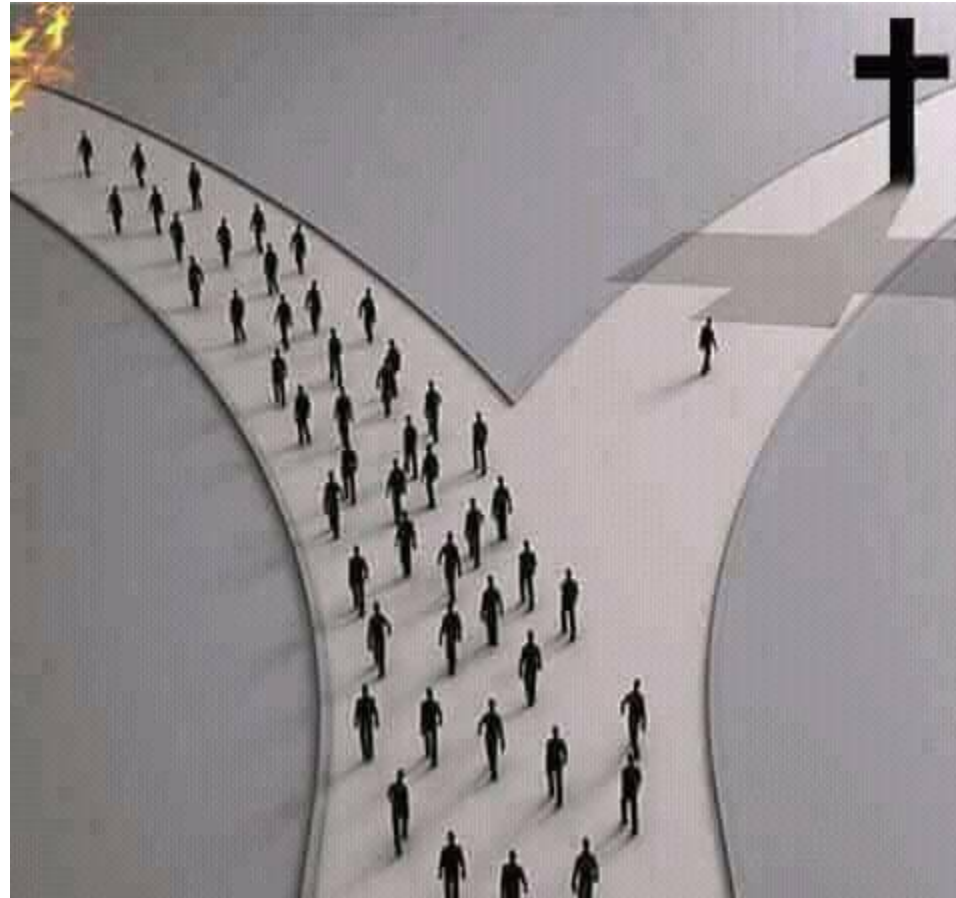
## Pivotal Verses

<sup>3</sup> For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, <sup>4</sup> in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.



# Christians have Two Choices to Live

Live  
according  
to the  
Flesh or  
“*Sarka*”  
(by means  
of the  
flesh)



Live  
according  
to the  
Spirit (by  
means of  
the Spirit)

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# Behaviours of the flesh

People's desires make them give in to immoral ways, filthy thoughts, and shameful deeds. They worship idols, practice witchcraft, hate others, and are hard to get along with. People become jealous, angry, and selfish. They not only argue and cause trouble, but they are envious.

**Gal 5:19-21 (CEV)**

# Behaviours of the Spirit

**<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control.**

**Gal 5:22-23**

# What life in the Spirit might look like?

**Saturated**

Filled with the Spirit (Eph 5:18)

**Regulated**

Controlled by the Spirit

**Directed**

Led by the Spirit (Rom 8:14)

# Saturated

<sup>8</sup> Those who are in the realm of the flesh cannot please God. <sup>9</sup> You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. <sup>10</sup> But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness.

# Regulated

**<sup>5</sup> Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. <sup>6</sup> The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. <sup>7</sup> The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so.**

# Directed

**14 For those who are led by the Spirit of God are the children of God.**

**Romans 8:14**

**16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh..... Since we live by the Spirit, let us keep in step with the Spirit**

**Gal 5:16**

Mortify  
me to  
Free me

**13** For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.



An illustration of two characters from the animated film 'The Emperor's New School'. On the left is Kuzco, a young man with brown hair and a green tunic, smiling warmly. On the right is Yotchi, a young woman with dark hair, wearing a yellow headdress and a red tunic, also smiling and embracing Kuzco. The background is a soft, light blue gradient.

**Kuzco was transformed and became more empathetic and self-aware**



**What can I give to a God who has everything?**