

Jesus:

“My Pain At Gethsemane”

April 2, 2021

Introduction: Inner Conflict

Cognitive Dissonance

What is it?

Cognitive=Mind, Dissonance=Disagreement of Belief vs Action

We can be overwhelmed with stress when we need to do something which challenges our beliefs.

Examples:

- Covid 19 pandemic, some were stressed out by having to wear mask. (Mild)
- OCD person who believes everything he touches is dirty! (Severe)
- A Spectrum of the Severity of Psychological Pain.

Mark 14:32-36 (Text Reading)

³² Then they came to a place which was named **Gethsemane**; and He said to His disciples, “Sit here while I pray.”

³³ And He took Peter, James, and John with Him, and **He began to be troubled and deeply distressed.**

³⁴ Then He said to them, “**My soul is exceedingly sorrowful, even to death.** Stay here and watch.”

³⁵ He went a little farther, and fell on the ground, and prayed that if it were possible, the hour might pass from Him.

³⁶ And He said, “**Abba, Father,** all things are possible for You. Take this cup away from Me; nevertheless, **not what I will, but what You will.**”

Mark 14:37-41

³⁷ Then He came and found them sleeping, and said to Peter, “Simon, are you sleeping? Could you not watch **one hour?**

³⁸ Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.”

³⁹ Again He went away and prayed, and spoke the same words.

⁴⁰ And when He returned, He found them asleep again, for their eyes were heavy; and they did not know what to answer Him.

⁴¹ Then He came **the third time** and said to them, “Are you still sleeping and resting? It is enough! The hour has come; behold, the Son of Man is being betrayed into the hands of sinners.

Luke 22:43-44 (At Gethsemane)

⁴³ Then an **angel appeared** to Him from heaven, strengthening Him.

⁴⁴ And being **in agony**, He prayed more earnestly. **Then His sweat became like great drops of blood** falling down to the ground.

Observation

- Jesus needed emotional support from His disciples.
- Mind was in distress.
- Soul was sorrowful.
- Prayed for hours.
- Angel ministered to Him.
- Climax of His Inner Battle was sweating drops of blood.

Interpretation

Why was Jesus in that state of anguish?



Interpretation

Why was Jesus in that state of anguish?

Because He was going to **bear our sins in His own body**, and this was **against His Godly nature**.

There is a **conflict** between His Godly nature, **His Godly beliefs** and **His intended action** of taking our sins upon Himself at the Cross.

1Peter 2:24

Jesus is God

- His nature and His beliefs are based on His Divine Nature
- Though Jesus Incarnated in Human Form, He is still God , the Son of God.
- He is Fully God in the Body.

- Colossians 2:8,9

Jesus was to Become Sin

- Another Nature from being the Son of God, He is also Son of Man.
- At the Cross, the **expression** of the Son of Man is at its **fullness**.
- Jesus is going **to be perfected as a Man**.
- He draws all our sin, fills Himself with all our sin, carries them at the Cross.
- He becomes the **most sinful man!**
- Hebrews 5:8,9

- **Why does He have to become Sin?**
- Levi 16:21,22

Leviticus 16 – Transference of Sin

- ²¹ Aaron shall **lay both his hands on the head of the live goat**, confess over it all the iniquities of the children of Israel, and all their transgressions, **concerning all their sins, putting them on the head of the goat**, and shall send it away into the wilderness by the hand of a suitable man.
- ²² **The goat shall bear on itself all their iniquities** to an uninhabited land;

The Secret Wisdom/Plan of the Father

- Decree from the Beginning
- Jesus as the Son of God, would be born in the flesh of human as the Son of Man.
- He was to give up His Godly Attributes like All Knowing, All Powerful, put them aside and not exercise or use them.
- And He was to live with the attributes of man and in all its weaknesses. Phil 2:7,8
- He has two nature; the Son of Man and the Son of God.
- Born the Son of Man, Jesus lived by the grace of God and in the power of the Holy Spirit.

The Secret Wisdom/Plan of the Father

- He lived very much as a man, yet retained His Godly Nature as the Son of God.
- He was sinless, though tempted in every way, **He was without sin up until the time of the Cross.**
- At the Cross, **Jesus was to bear all our sins upon Himself**; according to the **Will of the Father.**

- Luke 2:40 Grew up in the grace of God
- 1 Cor 2:7-9 Secret & Hidden Wisdom of God
- 2 Cor 5:21 For He made Him who knew no sin to be sin for us

Victory over His Torment

- We know the torment Jesus went through at Gethsemane was the the wrestle between the sins He were to take on against His Godly nature.
- In the Will of The Father which involves torment of His Son, for the greater good of salvation to all!
- Heavenly Father also made provision for His Son to overcome His torment by **His Grace and in the Power of the Holy Spirit!**
- Yes, though this was not clearly seen, we observed that His torment was resolved, when He returned the 3rd time to His disciples.

Victory over His Torment

- There is a **clue** that physician can figure out;
- that **haematohidrosis** is seen in times of extreme distress but two conditions must happen in order to see sweats of blood.
- First, there has to be a very tight constriction of the blood vessels surrounding the sweat glands which occur during absolute stress and second, be followed by sudden release of this constriction with **dilatation and bursting of these vessels** that **concur with the time of the relief of stress.**
- **A sign that Jesus overcame and resolved His torment.**

Application

- Keywords: Mercy & Grace.
- On the Grace of God
- Jesus has shown us that in time of distress, however severe it may be, **God's Provision of Grace** is available to us, just as it was available and given to Jesus.
- Jesus overcame as the Son of Man, and we can be confident to follow Jesus, to show us how to overcome, because **He overcame as a man, a man like us.**

On the Mercy of God

- **God's Provision of Mercy:**

Jesus died for everyone's sin.

Rather than say that Jesus died for everyone, it's **more theologically correct** to say, **Jesus died for everyone's sin.**

- 2 Cor 5:14 For the love of Christ compels us, because we judge thus: that if **One died for all**, then all died; 15 and **He died for all**, that those who live should live no longer for themselves, but for Him who died for them and rose again.
- 1 John 2:2 And He Himself is the propitiation for our sins, and not for ours only but **also for the whole world.**

On the Mercy of God

1 Peter 2:24

- who **Himself bore our sins in His own body** on the tree, that we, having died to sins, might live for righteousness—
- Hence, if we combine the 2 passages “ **He died for all**” with 1 Peter 2:24 who **Himself bore our sins in His own body**”.
- The conclusion is “**Jesus died for everyone’s sin**”.

Application

- To **Those** who have **not come to know Jesus**,
- **If you believe** that Jesus died for everyone's sin then that **makes every one of us a sinner?**

- Let everyone come as a sinner before Jesus,
- To own up to our sins,
- To confess them,
- To ask for forgiveness, and be saved from sin & death!
- eternal death...

Conclusion of Gethsemane

We saw Jesus leading up to the Climax of His Inner Battle.

The Son of Man was going into its fullness with ours sins and to be perfected and there lies the great anguish of conflict in Him.

Jesus overcame the Emotional and Mental Pain as a Man, by the Grace of God, in the Power of the Holy Spirit

Jesus died to 'Self', lived not for Self, but for God and for us, because He loves God and He also loves us.

Today, as His disciples, will we heed His call?

“To die to self, carry our cross and follow Him?”