



PSALM 103

DR TEDROS ADHANOM GHEBREYESUS

Cases and deaths are continuing to increase at worrying rates. Globally, the number of new cases per week has nearly doubled over the past two months.





LUCAS

Why Are So
Many Kids
Dying In
Brazil?

“AUTHENTICITY”





WHERE CAN I GO
FROM YOUR SPIRIT?

Or where can I flee from your presence?

If I ascend into heaven, *you are there*
If I make my bed in hell, behold, *you are there*

PSALM 139:7-8



OMNIPRESENT

DAVID

A MAN AFTER GOD'S OWN HEART

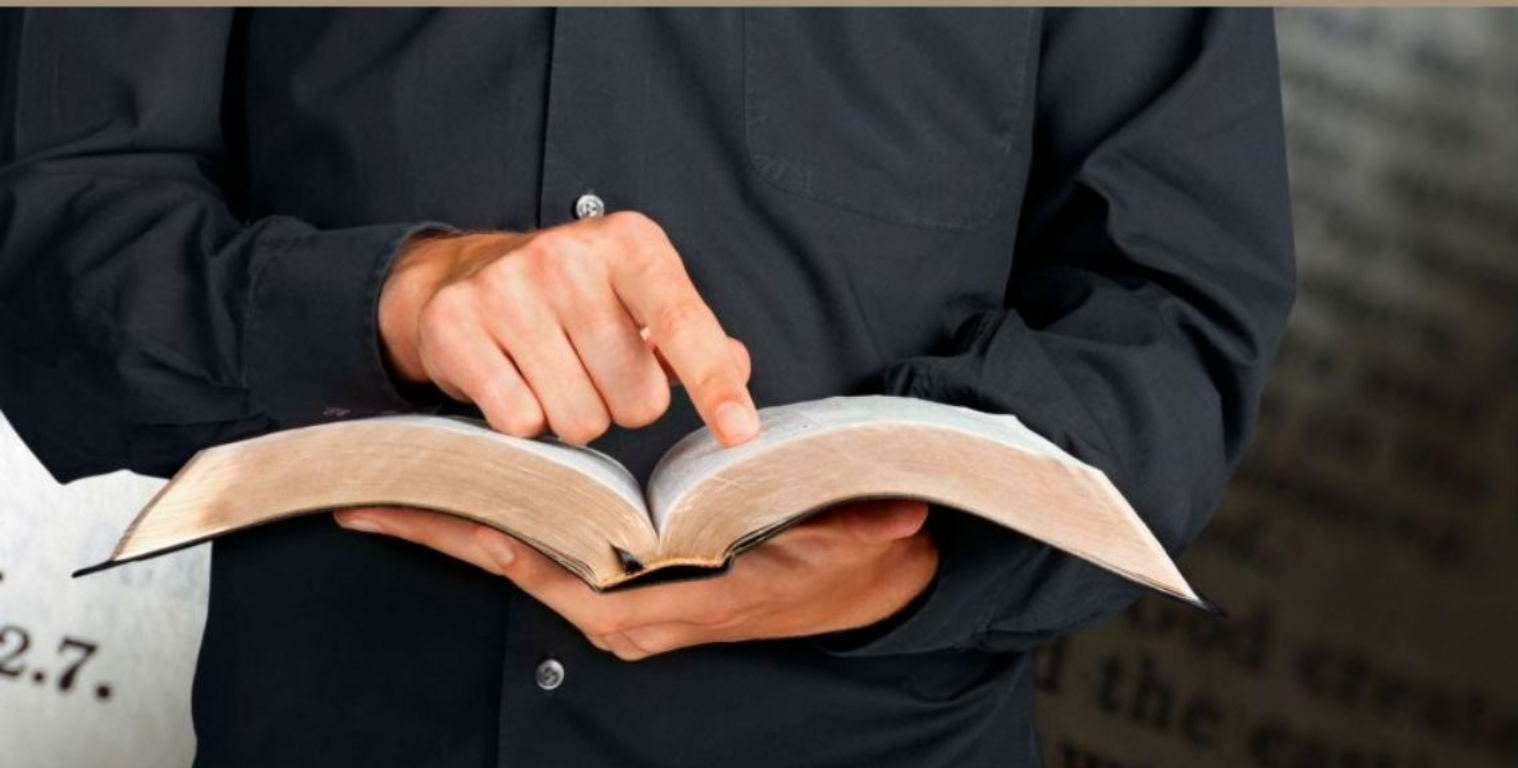
PSALM 103

1 Praise the Lord, O my soul; all my inmost being, praise his holy name. 2 Praise the Lord, O my soul, and forget not all his benefits – 3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's. 6 The Lord works righteousness and justice for all the oppressed. 7 He made known his ways to Moses, his deeds to the people of Israel: 8 The Lord is compassionate and gracious, slow to anger, abounding in love. 9 He will not always accuse, nor will he harbor his anger forever; 10 he does not treat us as our sins deserve or repay us according to our iniquities. 11 For as high as the heavens are above the earth, so great is his love for those who fear him; 12 as far as the east is from the west, so far has he removed our transgressions from us.

PSALM 103

13 As a father has compassion on his children, so the Lord has compassion on those who fear him; 14 for he knows how we are formed, he remembers that we are dust. 15 As for man, his days are like grass, he flourishes like a flower of the field; 16 the wind blows over it and it is gone, and its place remembers it no more. 17 But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children – 18 with those who keep his covenant and remember to obey his precepts. 19 The Lord has established his throne in heaven, and his kingdom rules over all. 20 Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word. 21 Praise the Lord, all his heavenly hosts, you his servants who do his will. 22 Praise the Lord, all his works everywhere in his dominion. Praise the Lord, O my soul.

Preaching To The Soul



1 Praise the Lord, O my soul; all my inmost being, praise his holy name. 2 Praise the Lord, O my soul, and forget not all his benefits ...

HYPOCRISY

**"...doing acts of righteousness before men to be seen by
them ... to be honoured by them ... *(Matthew 6)***

Psalm 147

1 Praise the Lord. How good it is to sing praises to our God, how pleasant and fitting to praise him.



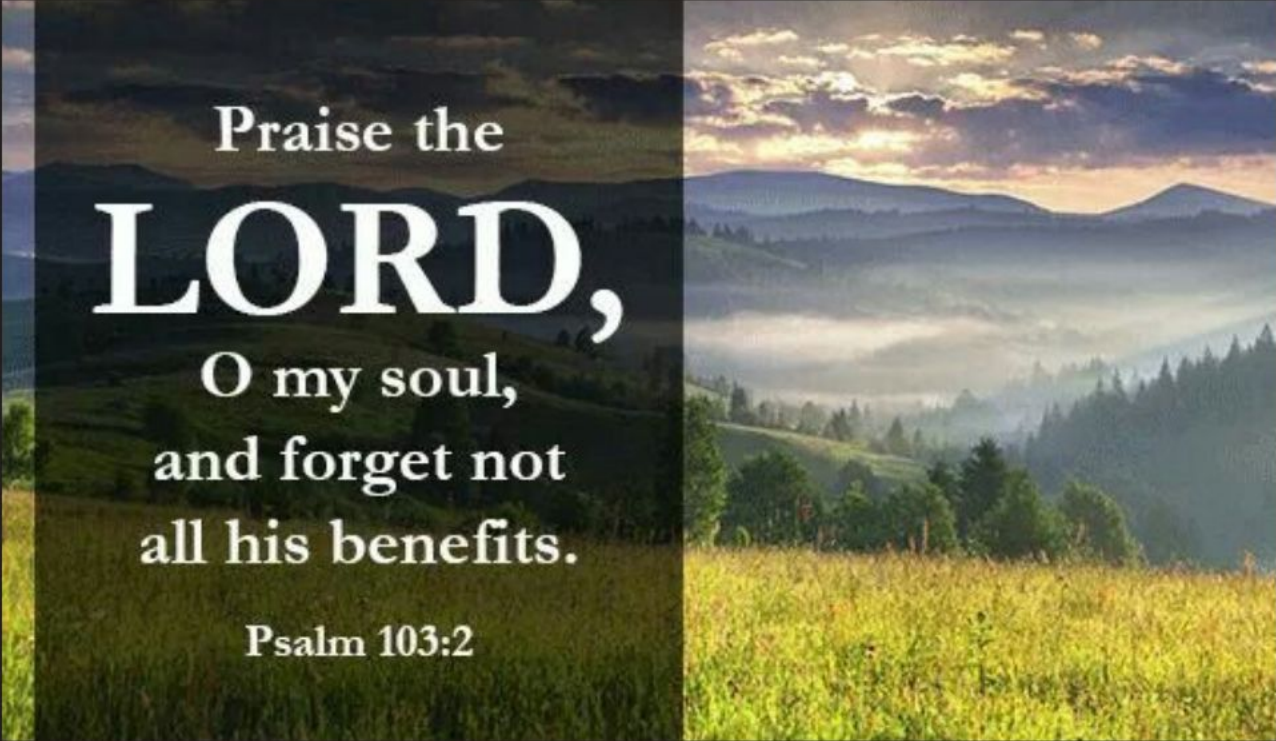
PRAISE THE LORD

The most common mistake Christians make in worship today is seeking an experience rather than seeking God. They look for a feeling, and if it happens, they conclude that they have worshiped. Wrong! In fact, God often removes our feelings so we won't depend on them.

The deepest level of worship is praising God when we feel least like praising Him.

Rick Warren





Praise the
LORD,
O my soul,
and forget not
all his benefits.

Psalm 103:2

**“SOUL, YOU HAVE
BEEN THE BENEFICIARY
OF THE LORD’S
GOODNESS!”**

**BLESS THE LORD,
O MY SOUL**



10,000 REASONS
MATT REDMAN

3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.

Forgiveness

who forgives all your sins

Healing

and heals all your diseases

Redemption

who redeems your life from the pit

Exaltation

and crowns you with love and compassion

Fulfillment

who satisfies your desires with good things

BLESS THE LORD,
O MY SOUL

who satisfies your
desires with good
things so that your
youth is renewed like
the eagle's.


(Psalms 103:5 NIV)



*Forget not all
His benefits!*

EPHESIANS 2

4 But because of his great love for us, God, who is rich in mercy, 5 made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. 6 And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, 7 in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

A person in a red jacket stands on a dirt path, looking towards a large, glowing, multi-colored eye that dominates the background. The eye has a rainbow-like iris and a bright white pupil. The scene is set in a hazy, outdoor environment with a light sky.

The Lord works
righteousness and
justice for all
the oppressed.

Psalm 103:6

FORGET NOT HIS CHARACTER



7 He made known his ways to Moses, his deeds to the people of Israel:8 The Lord is compassionate and gracious, slow to anger, abounding in love.

Psalm 103

COMPASSIONATE & GRACIOUS

PSLAM 103

9 He will not always accuse, nor will he harbor his anger forever; 10 he does not treat us as our sins deserve or repay us according to our iniquities.





11 For as high as the heavens are above the earth, so great is his love for those who fear him ...

12 as far as the east is from the west, so far has he removed our transgressions from us.

13 As a father has compassion on his children, so the Lord has compassion on those who fear him ...

Psalm 103



To those Who Fear Him!

HE KNOWS OUR FRAME

Man Is Weak
& Fragile

*... He knows how we are formed,
he remembers that we are
dust ...*

Psalm 103:14

the
CAPSTONE



HE KNOWS OUR FRAME

Man Is
Temporal





**FROM AGE TO AGE
GOD IS FAITHFUL TO YOU.**

PSALM 103:17-18



17 But from everlasting to everlasting
the Lord's love is with those who fear
him, and his righteousness with their
children's children—18 with those who
keep his covenant and remember to
obey his precepts.

Psalm 103



Loyal Love

“The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, 7 maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the fathers to the third and fourth generation.”


(Exodus 34)

Psalm 103

19 The Lord has established his throne in heaven, and his kingdom rules over all. 20 Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word. 21 Praise the Lord, all his heavenly hosts, you his servants who do his will. 22 Praise the Lord, all his works everywhere in his dominion. Praise the Lord, O my soul.



EXHORTING THE HEAVENS AND THE EARTH



PRAISE THE LORD
PRAISE THE LORD
O MY SOUL