

# Spiritual Formation

Fettes Park Baptist Church

Ps. Kee Chuan

A scenic mountain landscape featuring a village with a church in the foreground, rolling green hills, and a range of rugged, snow-capped mountains in the background under a clear blue sky. The scene is framed by a white, hand-drawn border.

# Spiritual Flourishing

Fettes Park Baptist Church

Ps. Kee Chuan



**FLOUNDERING**

**FLOURISHING**

**Two Spiritual States**



# Spiritual Floundering

earthly



## Spiritual Flourishing

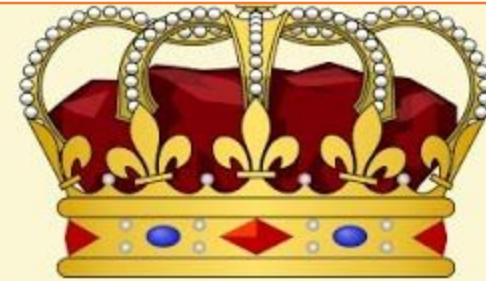
To keep growing quickly, well, and healthily in an **eternally** meaningful way.

# Eternal Rewards:

## The Five Crowns



**The Crown Of Righteousness  
(2 Timothy 4:8)**



**The Crown Of Life  
(James 1:12, Rev 2:10)**



**The Crown of Glory  
(1 Peter 5:4)**



**The Incorruptible Crown  
(1 Corinthians 9:25)**



**The Crown Of Rejoicing  
(1 Thess 2:19)**

# The Heavenly Crowns as Eternal Rewards (Not Earthly Awards)

**The Crown of Rejoicing (1 Thessalonians 2:19; Philippians 4:1)**

**Faithfully made disciples.**

**The Crown of Glory (1 Peter 5:2-4)**

**Faithfully cared for the flock.**

**The Incorruptible Crown (1 Corinthians 9:24–27)**

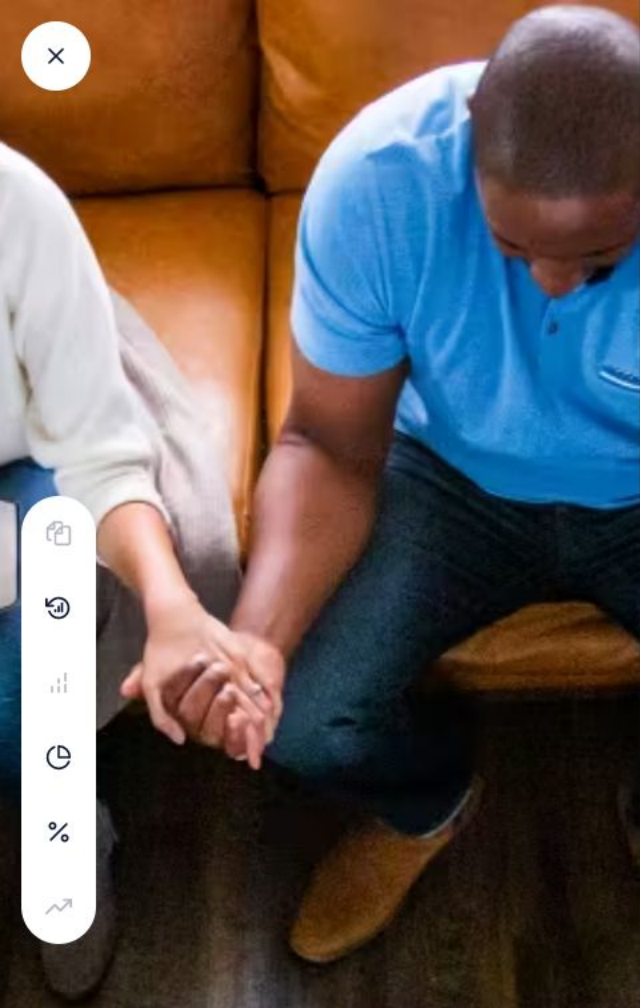
**Faithfully served with self-control.**

**The Crown of Life (James 1:12; Revelation 2:10)**

**Faithfully suffered for their faith.**

**The Crown of Righteousness (2 Timothy 4:6–8)**

**Faithfully finished the race.**



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# Spiritual Formation

Fettes Park Baptist Church

Ps. Kee Chuan

A large, leafy tree with its roots exposed and visible in a dark, reflective surface below the ground line. The tree is the central focus, with its canopy filling the upper half of the frame. The roots are intricate and spread out across the lower half, which is a dark, almost black, reflective surface. The background is a gradient of blue and green, suggesting a sky and ground. The overall mood is serene and contemplative.

# Gospel-Rooted Discipleship

# Gospel-Rooted Discipleship



**SPIRITUAL  
DISCIPLINES  
(THE MEANS).**



**SPIRITUAL  
DISPOSITION  
(THE END).**

# Spiritual Formation (Ephesians 4:17-18)

**Renewal of the Mind (Romans 12:2)**



**Shaping of the Heart (Proverbs 4:23)**



**Character and Conduct**

# Discipleship

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- **Gospel-Rooted Discipleship is the training of the mind that shapes the heart towards biblical holiness, godliness, and purpose.**



# 1 Corinthians 13:13 (NET)

**13 And now these three remain: faith, hope, and love. But the greatest of these is love.**

# Faith, Hope, and Love



- **Romans 5:1-5; 1 Corinthians 13:7,13; Ephesians 1:16-18; 4:1-6; Colossians 1:4-6; 1 Thessalonians 1:3; 5:8; 2 Timothy 3:10; Titus 2:2.**

# Biblical Discipleship for Gospel-Rooted Living (1 Corinthians 13:13)

1. The Foundations of Faith (Past).

2. The Formation of Love (Present).

3. The Final Things of Hope (Future).



# 1. The Foundations of Faith

- The vital importance of a strong foundation to build on.

# Question

- Which should we teach first – the love of God or the fear of God? Why?

# Scan and Select One Choice

<https://www.mentimeter.com/app/presentation/alb89n2z34pah1s722quq3x1pc8etkj>



# The Foundations of Faith

We must share the Bad News before we share the Good News.

We must share the fear of God, which is the beginning of wisdom (Proverbs 1:7;9:10), before we share the love of God.

## 2. The Formations of Love

- The vital paradigm shifts that must occur in our mindsets and outlook in life.

# Question

- What are the matters of love that we must establish in our minds and heart?

# 2. The Formation of Love

- The Greatest Commandment (Mark 12:29-31).

# Mark 12:29-31 (NET)

**29** Jesus answered, “The most important is: ‘Listen, Israel, the Lord our God, the Lord is one. **30** Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’ **31** The second is: ‘Love your neighbor as yourself.’ There is no other commandment greater than these.”



# Matthew 6:21 (NET)

**21 For where your treasure is,  
there your heart will be also.**



# **From Old Covenant Mindset to New Covenant Mindset**

**Hebrews 8:7,13; Deuteronomy 28**

# Old Covenant Blessings (Deuteronomy 28)

Job 1:21

- **Earthly Prosperity (28:3-6,8,12)**
- **Physical Protection (28:7)**
- **Earthly Position and Power (28:9-10)**
- **Physical Posterity (28:11)**

# The New Covenant Lifestyle

## The Heavenly Mindset

What we treasure mostly  
(Colossians 3:1-4; Matthew 6:19-34)

## The Holiness Mindset

What we are becoming mostly  
(1 Peter 1:13-17; Colossians 3:5-17)

## The Mission Mindset

What we do mostly  
(Matthew 28:18-20; Acts 1:8)

## The Saved Mindset

What we look forward to mostly  
(Philippians 1:20-30)

## The Pilgrim Mindset

What we live as mostly  
(1 Peter 1:17; 2:11-12)

## The Kingdom Mindsets

**Foundation: THE GOSPEL OF THE KINGDOM OF GOD**

# Gospel-Rooted Discipleship

## 1. THE HEAVENLY MINDSET

# Kingdom Mindsets

## The Heavenly Mindset

(Colossians 3:1-4; Matthew 6:19-34; 2 Corinthians 4:16-18)

Values the ultimate, eternal, and unseen heavenly treasures above far more than the necessary, temporal, and seen earthly treasures below.

# Kingdom Mindsets

## The Heavenly Mindset

(Colossians 3:1-4; Matthew 6:19-34;  
2 Corinthians 4:16-18)

Keep thinking and seeking  
things above, not just  
things on earth.

# Principle: Heavenly Mindset

THE ETERNAL MATTERS OF LIFE ARE FAR MORE IMPORTANT THAT THE TEMPORAL MATTERS  
OF LIFE.



# Basic Principle

**Focus on and prioritise the ultimate without neglecting the necessary.**

# Question

- What are the things from this earth that you can and will take along with you when you die?

# The New Covenant Mindsets

- **The Heavenly Mindset** - Keep thinking and seeking things above, not just things on earth.

# Gospel-Rooted Discipleship

## 2. THE SAVED MINDSET

# Kingdom Mindsets

## The Saved Mindset

(Philippians 1:20-26)

Longing to depart for heaven, but willing to serve on earth.

A hand holding another hand above the ocean surface, with a reflection below. The background is a dramatic sky over the ocean.

# Principle: Saved Mindset

YOU ONLY KNOW HOW TO TRULY LIVE FOR CHRIST WHEN YOU HAVE DECIDED HOW YOU  
WILL DIE FOR CHRIST!

# The New Covenant Mindsets

- **The Heavenly Mindset** - Keep thinking and seeking things above, not just things on earth.
- **The Saved Mindset** - Longing to depart for heaven, but willing to serve on earth.

# Gospel-Rooted Discipleship

## 3. THE PILGRIM MINDSET



# Kingdom Mindsets

## The Pilgrim Mindset

(1 Peter 1:13-21; 2:9-12;  
Philippians 3:20-21)

Not bound to earth but  
bound for heaven.

# Kingdom Mindsets

## The Pilgrim Mindset

(2 Corinthians 5:5-7; Hebrews 11:13-16)

Not caring so much about the immediate and intermediate future, but more about the eternal future.

# Principle: Pilgrim Mindset

NOT CARING SO MUCH ABOUT THE IMMEDIATE AND INTERMEDIATE FUTURE, BUT MORE ABOUT THE ETERNAL FUTURE.

# The New Covenant Mindsets

- **The Heavenly Mindset** - Keep thinking and seeking things above, not just things on earth.
- **The Saved Mindset** - Longing to depart for heaven, but willing to serve on earth.
- **The Pilgrim Mindset** - Not bound to earth but bound for heaven.

# Question

- What are the things from this earth that you can and will take along with you when you die?

# Gospel-Rooted Discipleship

THE MISSION MINDSET

# Kingdom Mindsets

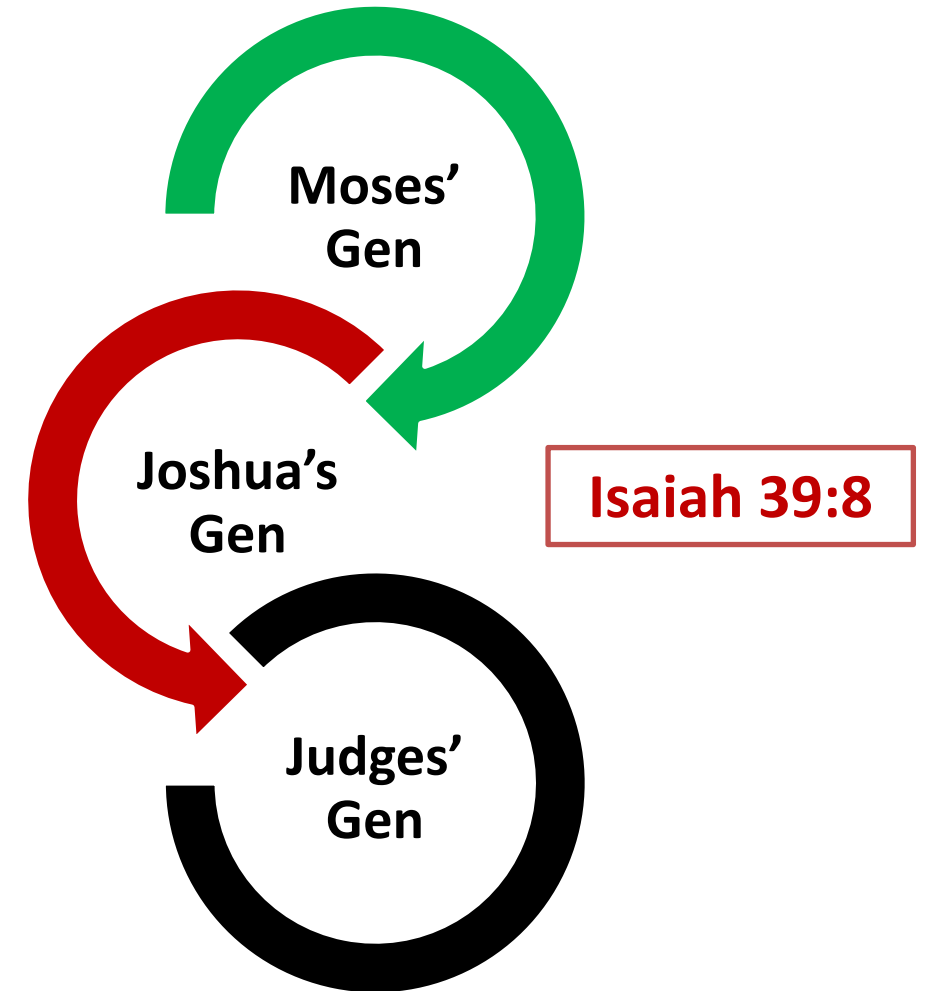
## The Mission Mindset

(Matthew 28:18-20; Mark  
16:14-20)

Carrying out the commission from the Lord Jesus to make disciples of all nations as the most important purpose in life.

# The Fallout of the Third Generation

**Judges 2:10 (ESV) —**  
And all that generation also were gathered to their fathers. And there arose another generation after them **who did not know the LORD or the work that he had done for Israel.**

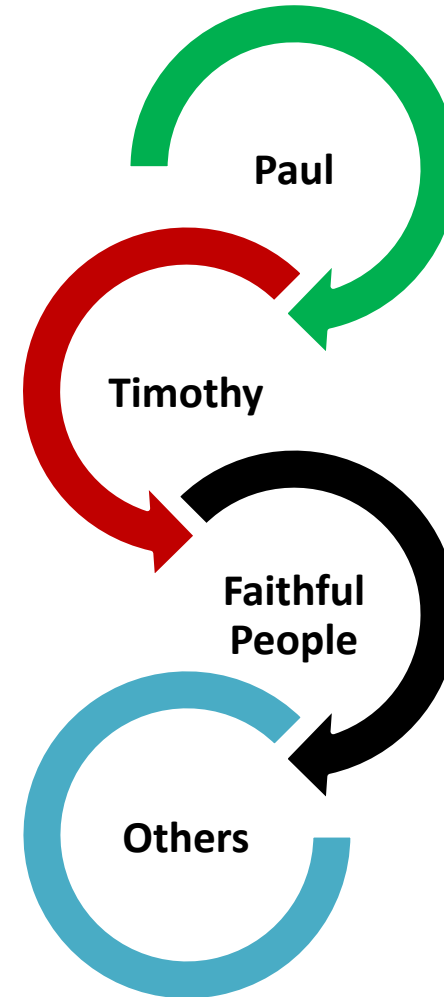




# The Potential to the Fourth Generation

**2 Timothy 2:2 (NET) —**

And entrust what **you** heard **me** say in the presence of many others as witnesses to **faithful people** who will be competent to teach **others** as well.



A photograph of two women sitting and talking. The woman on the left has dark curly hair and is wearing a dark pinstriped blazer over a red collared shirt. The woman on the right has long dark hair and is wearing a pink and white striped long-sleeved top. They are both looking at each other. The background is a dark green wall. An orange horizontal bar is in the top left corner.

# Question

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- Who has helped you grow as a Christian (if any)?
- What did he or she do to help you?



# Principle: Mission Mindset

MAKING DISCIPLES OF JESUS CHRIST IS AN INTENTIONAL ACT AND EFFORT THAT REQUIRES US TO BE A DISCIPLE TO MAKE ONE.

# The Four Contexts of Discipleship by Jesus.

Jesus and the Masses

GENERAL

Luke 5:1

Jesus and the 70

SPECIFIC

Luke 10:1

Jesus and the 12

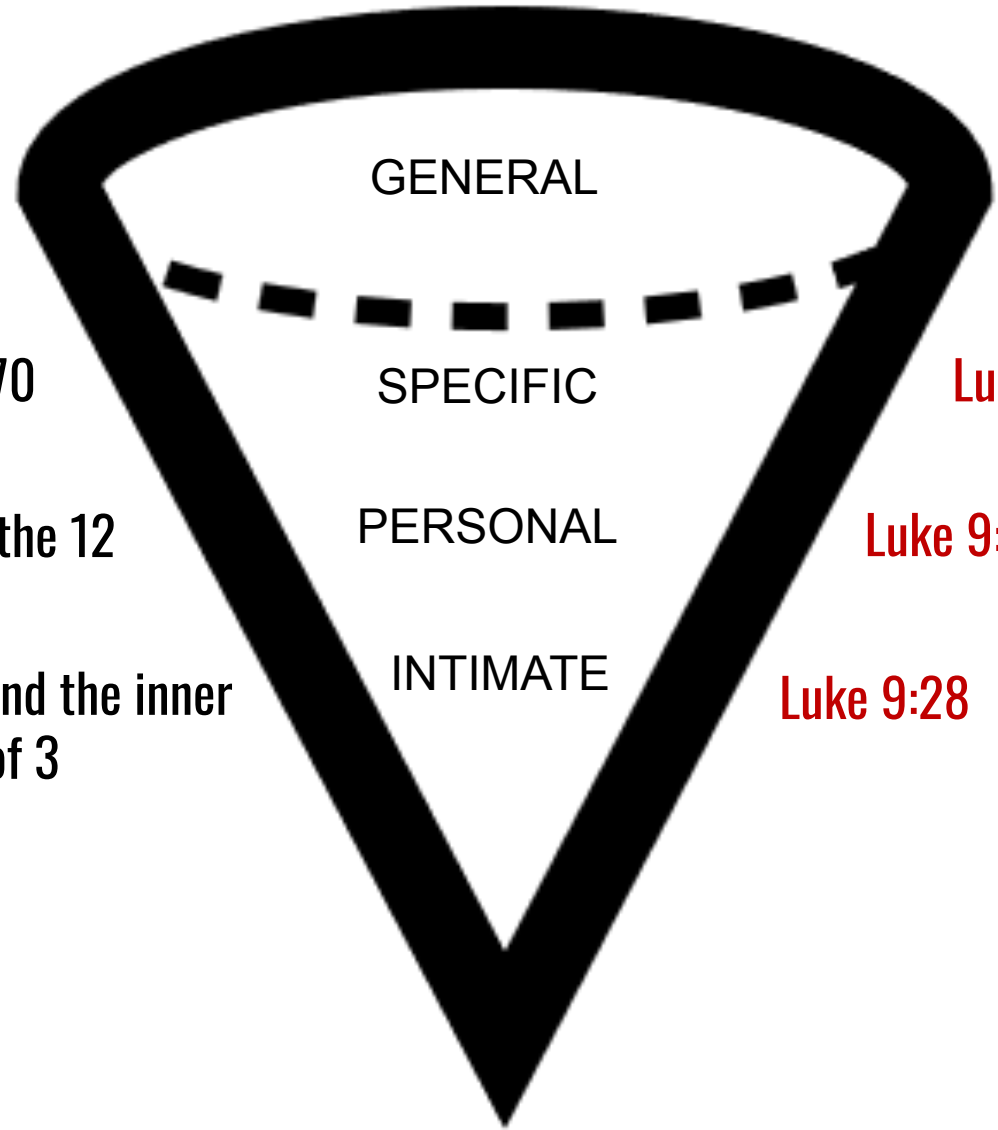
PERSONAL

Luke 9:1-2

Jesus and the inner circle of 3

INTIMATE

Luke 9:28



A close-up, top-down view of a person's hands holding an open book. The person is wearing a light-colored, textured sweater. The book is open to a page with text, and the person's right hand is resting on the page. The background is dark and out of focus.

# 1. Be a Spiritual Parent Now!

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- Disciple more intentionally and consistently (1 Thessalonians 2:19-20).

A person is shown from the chest down, wearing a white long-sleeved shirt and a grey knitted sweater. They are sitting and reading an open book. Their right hand is holding a pen over the book. The background is dark and out of focus.

## 2. Equip Yourself With the Skills of Spiritual Parenting

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- Question, Listen, and Ask More Questions.

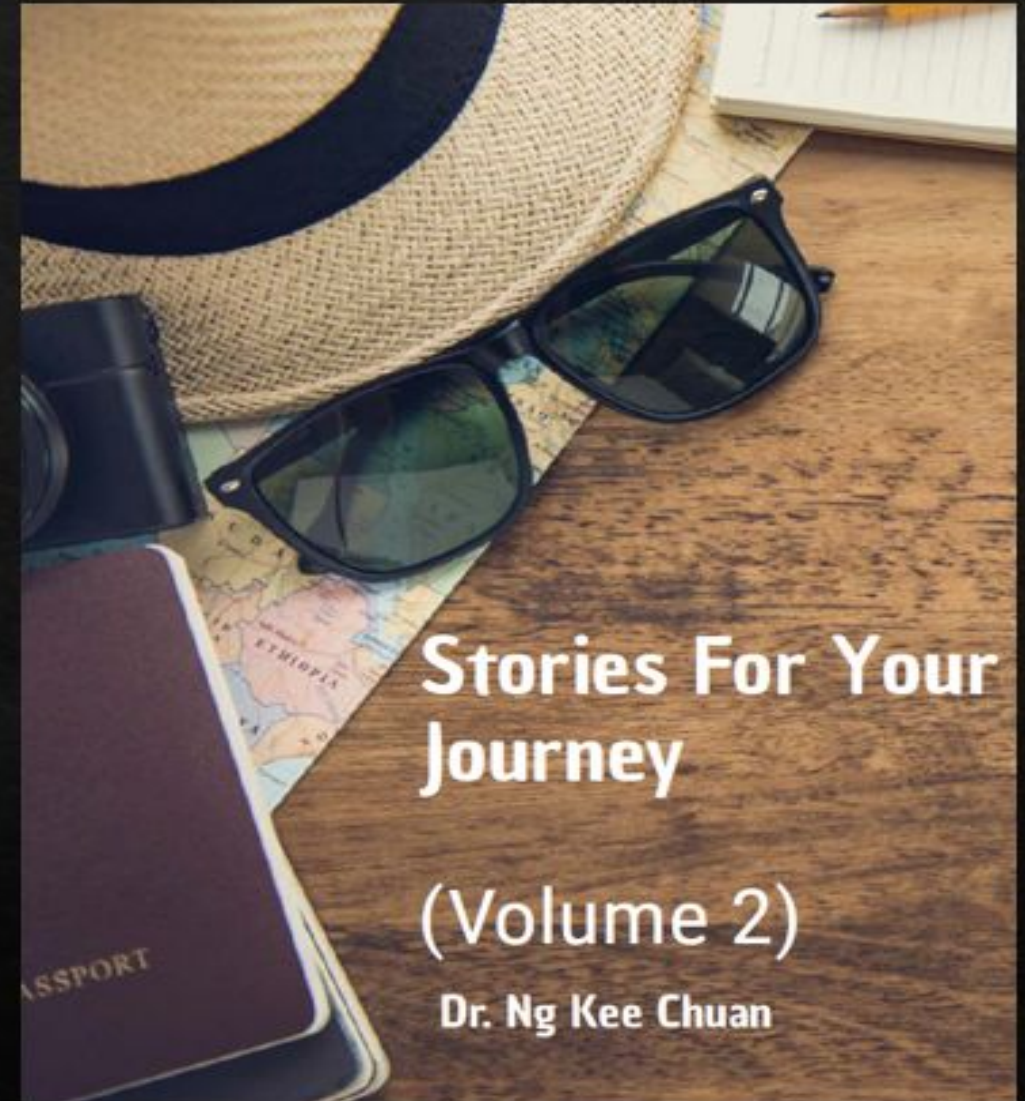
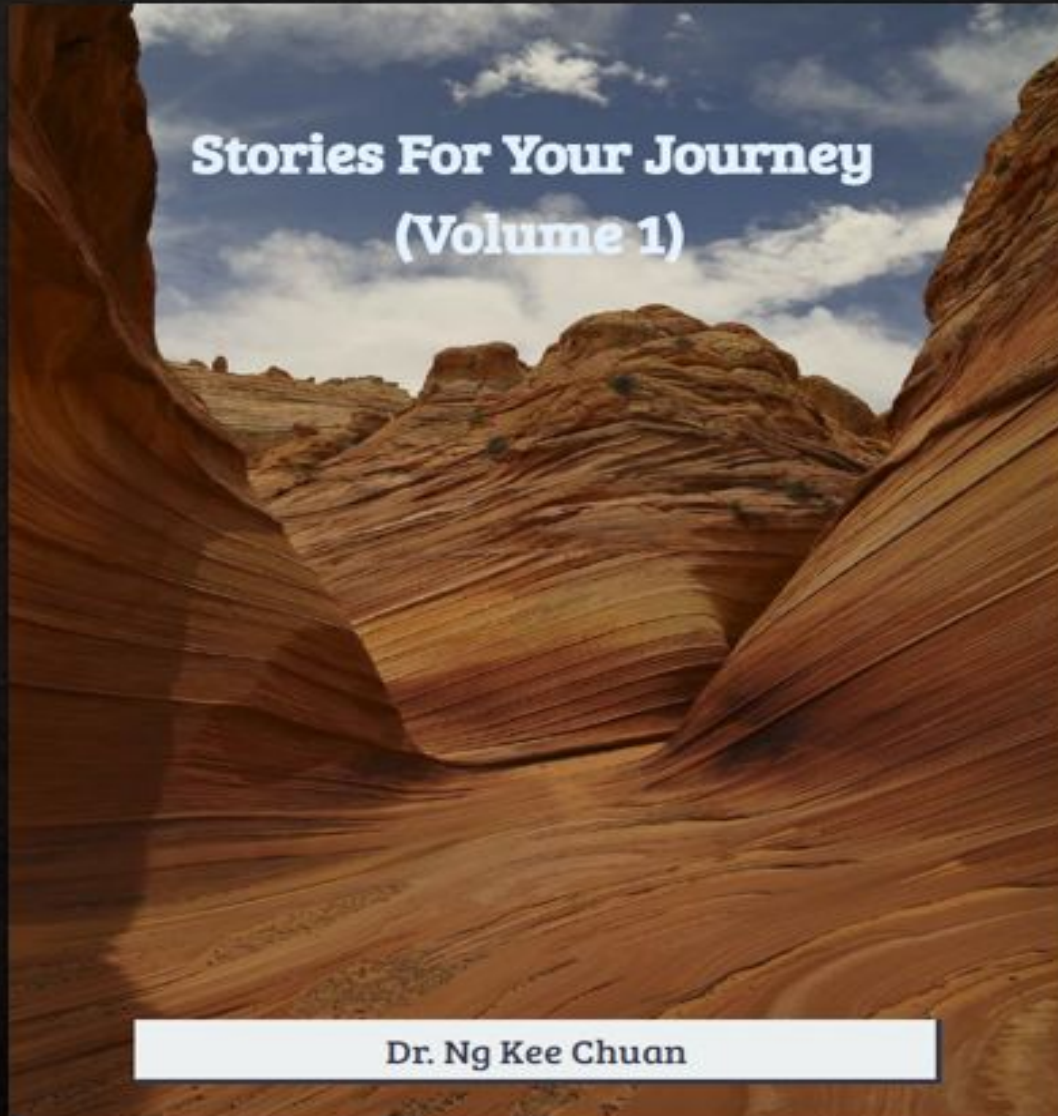
A person is sitting and reading a book. Their hands are visible, holding the book open. A white highlighter is being used to mark text on the page. The background is dark and out of focus.

### **3. Learn for Yourself the Layers of Spiritual Formation.**

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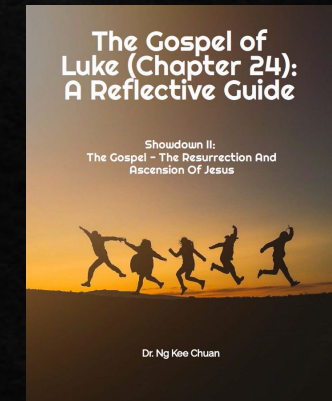
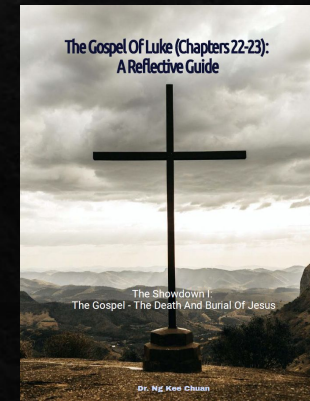
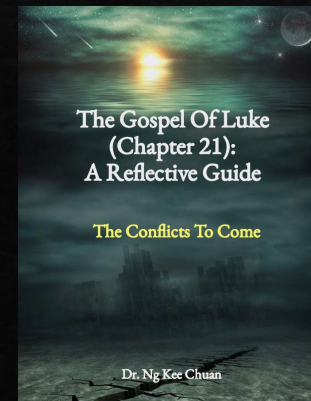
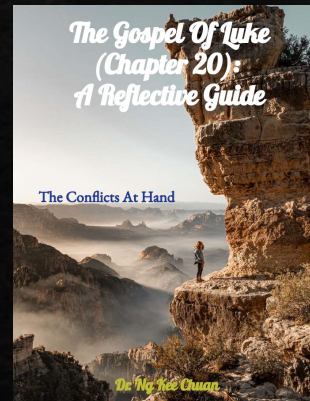
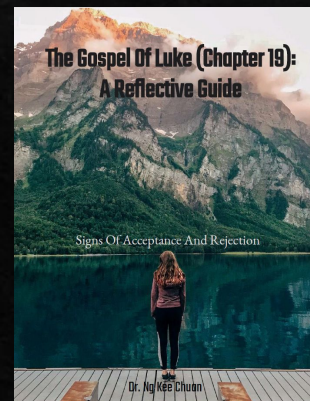
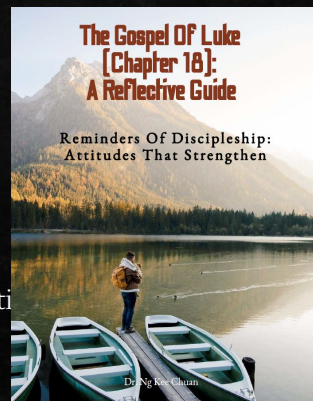
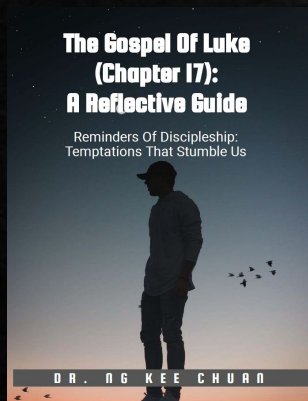
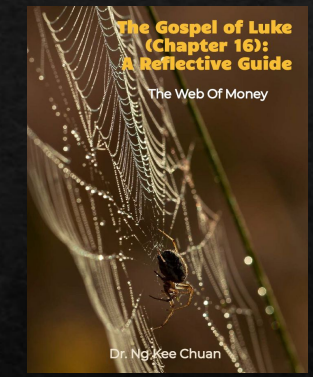
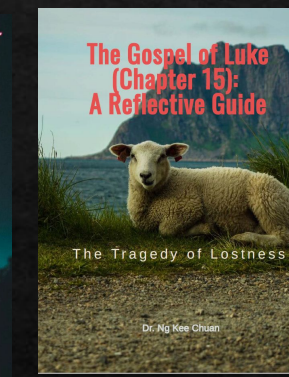
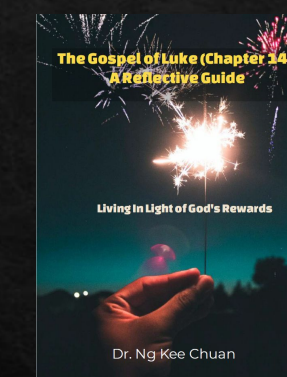
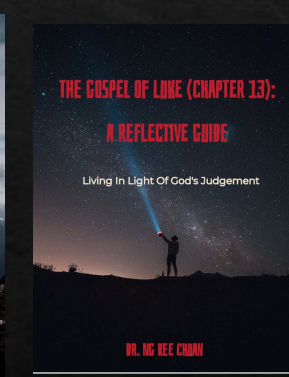
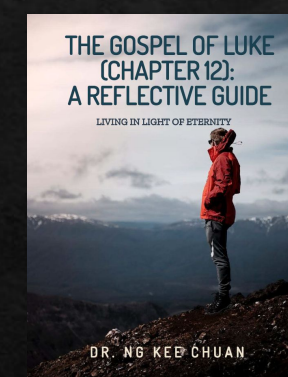
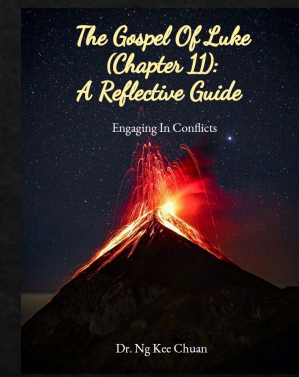
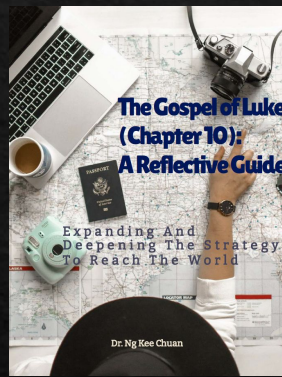
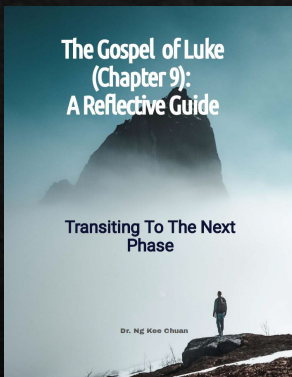
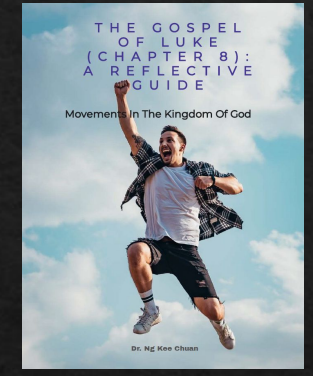
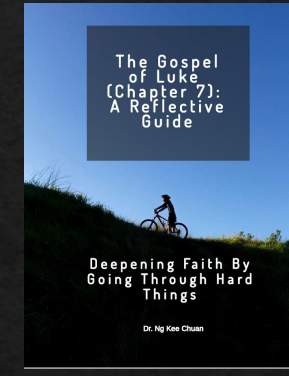
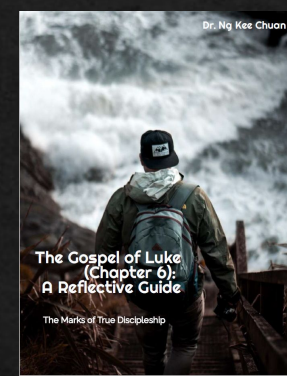
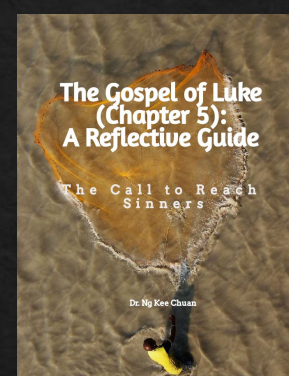
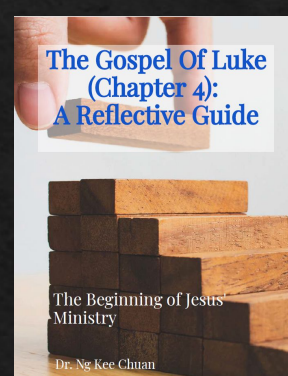
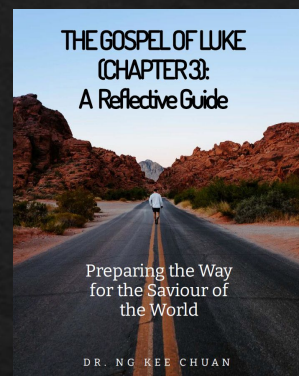
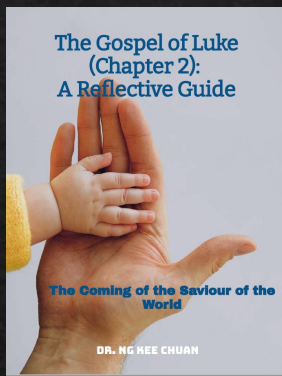
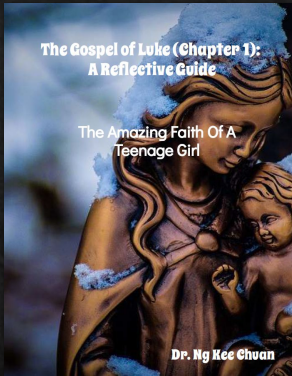
- **The Essential Content needs to be personally and intentionally learnt and passed on.**

# Free E-Books (Evangelistic)

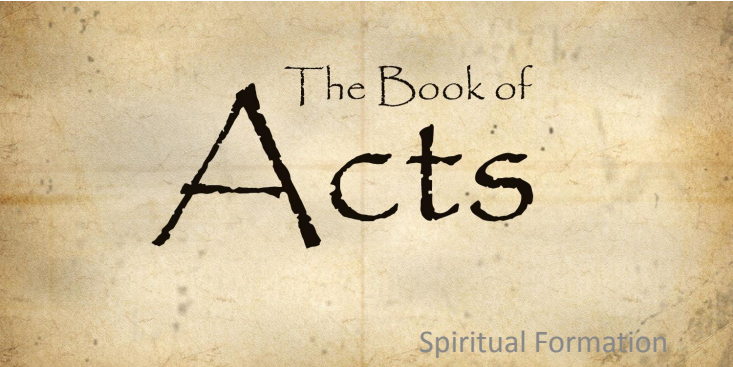




# “The Gospel of Luke” e-Book Series

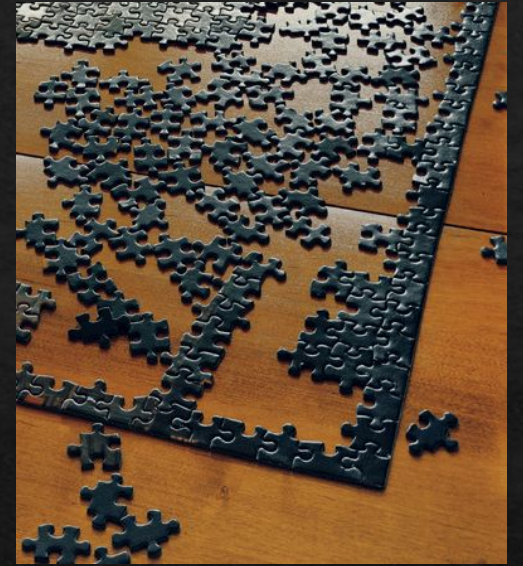
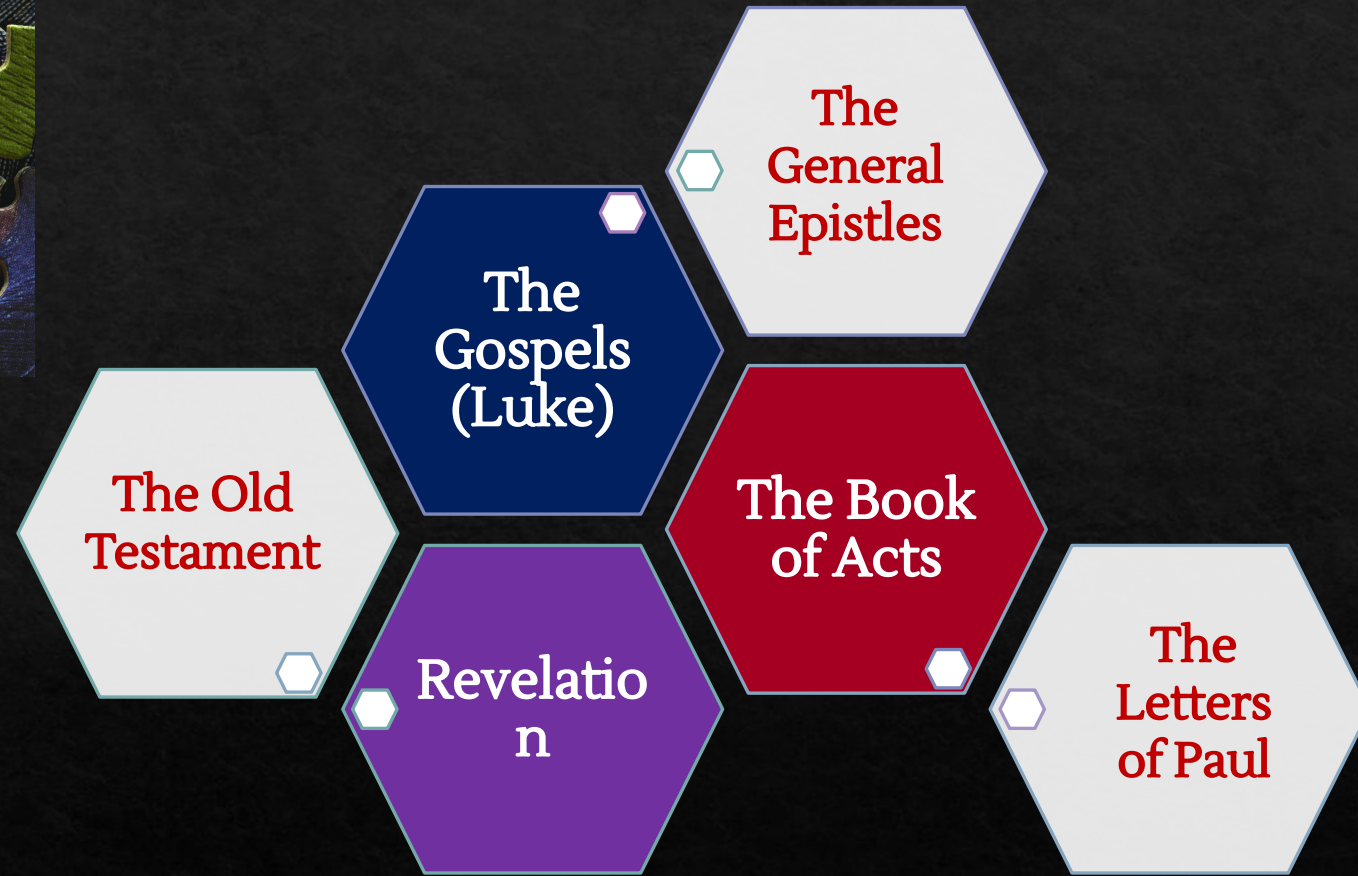


# “The Book of Acts” e-Book Series



The Gospel Work (Missions) &  
The New Testament Puzzle

# The New Testament Puzzle





## Buku-Buku Penginjilan dan Pemuridan Asas



## Siri Pemuridan Asas Projek DamAI Jilid 1-5

1. Lahir Semula Dengan Sempurna
2. Berdiri Teguh
3. Kehidupan Baharu: Perhubungan Yang Baharu
4. Kehidupan Baharu: Perubahan Yang Baharu
5. Kehidupan Baharu: Panggilan Yang Baharu



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**Projek DamAI Asas Jilid 5 - Kehidupan Baharu - Panggilan Yang Baharu**  
25% SELESAI

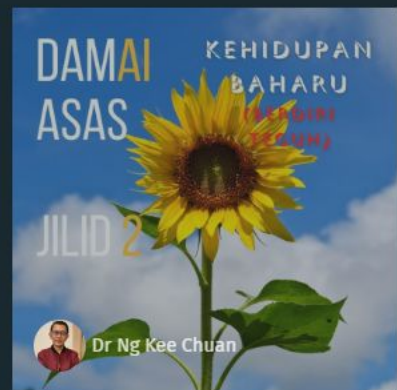


**Projek DamAI Asas Jilid 4 - Kehidupan Baharu - Perubahan Yang Baharu**  
18% SELESAI



**Projek DamAI Asas Jilid 3 - Kehidupan Baharu (Perhubungan yang baharu)**  
5% SELESAI

# Projek DamAI



**Projek DamAI Asas Jilid 2 - Berdiri Teguh**



**Latihan Kepimpinan Kelompok Sel (CGLT)**



**Lahir Semula Dengan Sempurna Jilid 1 - DamAI Asas**

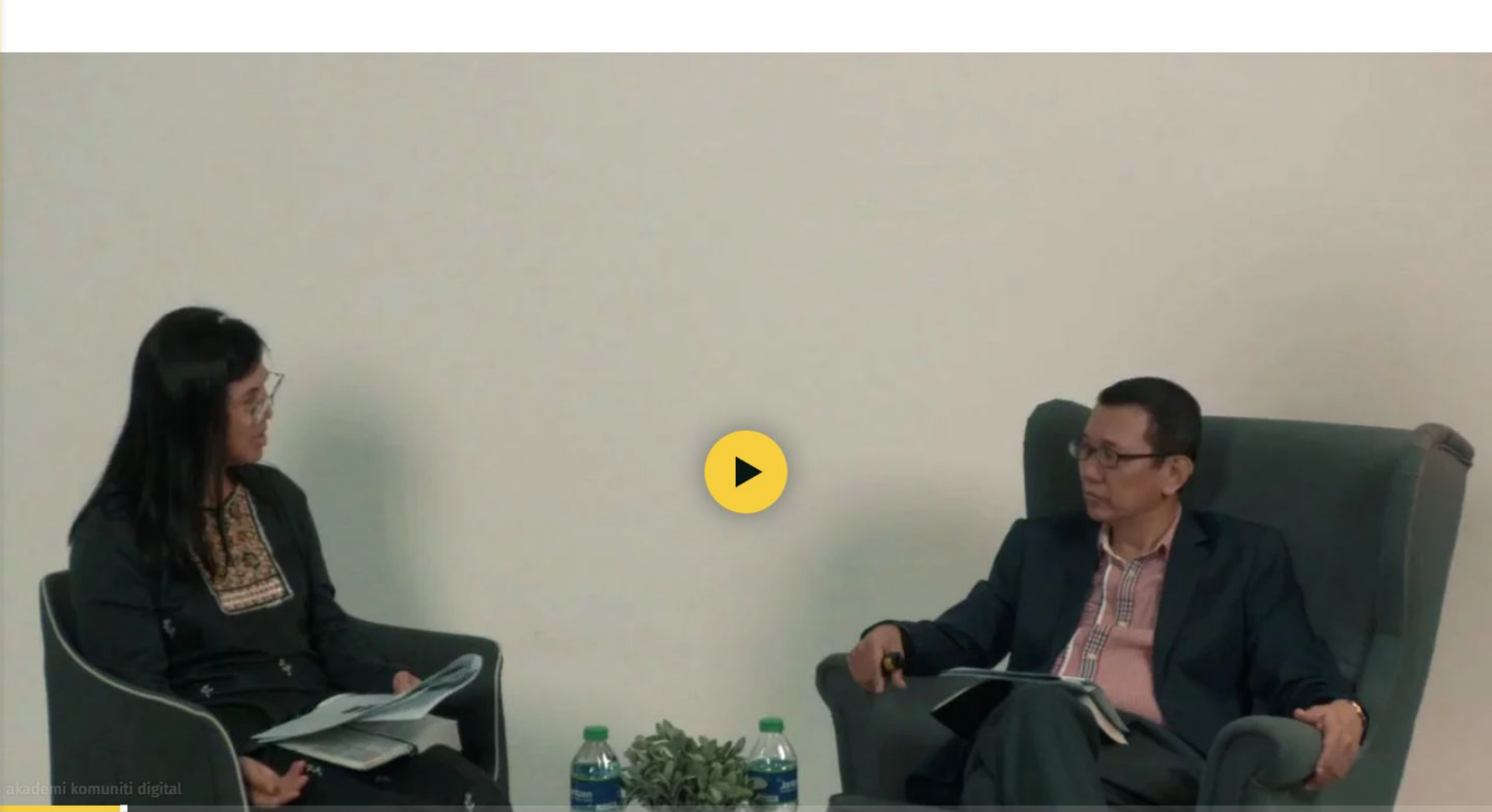
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# Lahir Semula Dengan Sempurna Jilid 1 - DamAI Asas

22 %

Urutan Pelajar Bincang

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- 2. Bab 1 : Berita
- 3. Bab 2 - Berita Buruk
- ▲ 4. Bab 3 - Berita Baik
  - ▶ Bab 3 - Berita Baik 28:04 ✓
  - 📖 Bab 3 - Berita Baik
- 5. Bab 4 - Bertaubat Daripada Dosa Dosa
- 6. Bab 5 - Percaya Kepada Yesus
- 7. Bab 6 - Mengakui Ketuhanan Yesus Semasa Di Ba...
- 8. Bab 7 - Menerima Roh Kudus Melalui Penumpang...
- 9. Bab 8 - Kata Kata Akhir Dan Permulaan Baharu



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## Siri Pemuridan Praktikal Projek DamAI (Jilid 1-5)

1. Kerja Sebagai Ibadat
2. Wang Sebagai Amanah Tuhan
3. Perkahwinan Sebagai Pemuridan
4. Keluarga Sebagai Pelayanan
5. Kepimpinan Sebagai Perhambaan



# Siri Pemuridan Cekal Projek DamAI Jilid 1-3



**Hanya tiga yang tinggal: iman, harapan dan kasih. Antara ketiga-tiga ini, yang paling utama ialah kasih.  
(1 Korintus 13:13)**

**Jilid 1 - Harapan dan Kedatangan Yesus Kali Kedua: Kehidupan yang tidak mungkin luntur**

**Jilid 2 - Iman dan Penderitaan: Kehidupan yang tidak mungkin undur**

**Jilid 3 - Kasih dan Realiti Syurga dan Neraka: Kehidupan yang tidak mungkin gentar**

Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 1

# Manifesto Kerajaan Tuhan Untuk Pemuridan Sejati

Gaya Hidup Perjanjian Baru

Dr. Ng Kee Chuan

Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 2

# Pakailah Selengkapnya Senjata Tuhan

Hidup Sebagai  
Lebih Daripada  
Para Penakluk

Dr. Ng Kee Chuan

Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 3

# IBARAT-IBARAT YESUS TENTANG KERAJAAN TUHAN

Realiti Kerajaan  
Tuhan Yang Perlu  
Dipertimbangkan

Dr. Ng Kee Chuan

# Buku-Buku Pemuridan Lanjutan

Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 4

# Pemuridan Radikal Untuk Kerajaan Tuhan

Corak Pemikiran Radikal  
Perjanjian Baru

Dr. Ng Kee Chuan

Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 5

# Pesanan Yesus Yang Penting

Kepimpinan Rohani Yang  
Ajaib

Dr. Ng Kee Chuan

## Siri Pemuridan Kerajaan Tuhan Projek DamAI Jilid 1-5

1. Manifesto Kerajaan Tuhan Untuk Pemuridan Sejati.
2. Pakailah Selengkapnya Senjata Tuhan.
3. Ibarat-Ibarat Yesus Tentang Kerajaan Tuhan.
4. Pemuridan Radikal Untuk Kerajaan Tuhan.
5. Pesanan Yesus Yang Penting.

# The New Covenant Mindsets

- **The Heavenly Mindset** - Keep thinking and seeking things above, not just things on earth.
- **The Saved Mindset** - Longing to depart for heaven, but willing to serve on earth.
- **The Pilgrim Mindset** - Not bound to earth but bound for heaven.
- **The Mission Mindset** - Carrying out the commission from the Lord Jesus to make disciples of all nations as the most important purpose in life.

# Gospel-Rooted Discipleship

THE HOLINESS MINDSET

# The Kingdom Mindset

The Holiness Mindset  
(1 Peter 1:13-17; Colossians  
3:5-17)

Seeing all of life as a  
preparation of self for living  
in new creation with the  
Most Holy God.



# Principle: Holiness Mindset

- ALL OF LIFE IS A PREPARATION FOR HEAVEN – SO CONSTANTLY GROW IN HOLINESS, GODLINESS, AND RIGHTEOUSNESS.

# The New Covenant Mindsets

- **The Heavenly Mindset** - Keep thinking and seeking things above, not just things on earth.
- **The Saved Mindset** - Longing to depart for heaven, but willing to serve on earth.
- **The Pilgrim Mindset** - Not bound to earth but bound for heaven.
- **The Mission Mindset** - Carrying out the commission from the Lord Jesus to make disciples of all nations as the most important purpose in life.
- **The Holiness Mindset** - Not striving for happiness, but training in holiness, godliness, and righteousness as we take sin very seriously.

**Get this free e-book!**

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- **The five kingdom mindsets that is aligned to New Covenant living.**
  - <https://wms.academia.edu/NgKeeChuan/Books>
- 

# The Kingdom Mindsets

The Ultimate Way to Live Here and Now





# Biblical Discipleship for Gospel-Rooted Living

The Big Idea	The Essentials	The Elements
<p><b>Foundations</b> of Faith (Past)</p>	<p><b>Spiritual Foundations:</b> A reborn spirit through repentance (with confession) and believing (with trusts) in Jesus complete work.</p>	<p><b>Initiation:</b> The gospel of salvation as a divine gift of grace for deliverance from the <b>penalty</b> of sin.</p>
<p><b>Formation</b> of Love (Present)</p>	<p><b>Spiritual Flourishing:</b> The renewed minds and practices according to Biblical principles.</p>	<p><b>Footprints:</b> The five New Covenant Mindsets according to kingdom decrees to live out the Spirit-led gospel life that overcomes the <b>power</b> of sin (death, devil, the flesh and the world).</p>
<p><b>Final Things</b> of Hope (Future)</p>	<p><b>Spiritual Focus:</b> The resolute vision on the prophesied and promised return of Jesus and the renewal of all creation.</p>	<p><b>Endgame:</b> A sure knowing of God's Big Story (eternal plan) by divine promises and how it all ends during the Last Days and beyond, so that the <b>presence</b> and <b>possibility</b> of sin is forever removed.</p>

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# Important Question

- **Don't waste your life! Is there a need to re-orientate our lives so that we engage in spiritual formation for ourselves and others? How?**